



Yam soup - or fake pumpkin soup

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Here is a recipe for a delicious fall soup:

You need:

2 yams

2 apples

1-2 celery

3-4 carrots

salt

Wrap the yams in tin foil and bake them at 400 degrees for 1 to 1.5 hours. After that, cut them into pieces together with the other veggies / fruits. Put everything into a pot and fill up with water. Season with salt and boil everything for 15-20 minutes.

Use a mixer / blender to blend everything to get a delicious soup!